

Covid-19 Shut-down by the Northern Ireland Executive

On the basis of the clear and unequivocal public health advice that people should continue to *stay at home*, the Northern Catholic Bishops have decided that, until **5th March (but subject to ongoing review in line with any change to the public health advice)**, the celebration of the Eucharist and other liturgies should continue to take place without the physical presence of the faithful - with the exception of marriage, funeral and baptismal liturgies.

St Eugene's Cathedral will open after Mass for individual prayer.

Face Coverings: We ask all adults and children aged 14 and over to please wear a face covering (unless they are exempt from wearing mandatory face coverings). Medical advice is that wearing face coverings is first and foremost about protecting others. Please continue to observe social distancing, to use the hand sanitiser on entering and leaving the Cathedral.

Please join us via the Webcam:

We invite you to join us via webcam in St Eugene's Cathedral by watching our live streaming which can be viewed online at www.churchservices.tv, churchmedia.tv/camera/st-eugenes-cathedral or the parish website at www.steugenescathedral.com.

Sunday (21st February)

Masses via Webcam at 7.00 am, 9.30 am, 11.00 am, 12.30 pm and 7.00 pm

Please note: Local Radio Station Drive 105 will broadcast the 12.30 pm Sunday Mass live.

Forty Hours Adoration begins today (Sunday) after the 12.30 pm Mass until Benediction at 6.00 pm. The Forty Hours Adoration continues on Monday after the 10.00 am Mass until Rosary, Night Prayer and Benediction at 8.00 pm (pausing for Mass at 1.00 pm and 7.30 pm).



Lenten Programme – Care, Hope and Pray

Monday to Friday (22nd to 26th February):

Morning Prayer of the Church at 7.45 am

Mass via Webcam at 8.00 am, 10.00 am, 1.00 pm and 7.30 pm

The Angelus & Rosary at 12.00 noon

Divine Mercy Chaplet at 3.00 pm

Eucharistic Adoration, Rosary followed by Night Prayer via Webcam at 8.00 pm

Monday, Wednesday and Friday: Gospel Encounter at 5.00 pm

Tuesday and Thursday: Stations of the Cross at 5.00 pm

Tuesday: Covid Conversations with Bishop McKeown livestreamed from the Cathedral Hall and on Facebook beginning on Tuesday, 23rd February at 7.00 pm.

Wednesday: Local Vocal with Margarette McNamee each Wednesday at 4.00 pm during Lent livestreamed from the Cathedral Hall and on Facebook.

Friday: Exploring a selection of poems with Mary Murphy each Friday at 11.00 am livestreamed from the Cathedral Hall and on Facebook.

Saturday (27th February)

Mass via Webcam at 10.00 am, Vigil Masses at 6.15 pm and 7.30 pm.

Thursday: Wellbeing talks: St Eugene's Cathedral are hosting a series of well-being talks as part of our Care, Hope and Pray Lenten Programme via Zoom delivered by **Western Health & Social Care Trust Recovery College**.

The 4 x 30 minute courses are:

1. Recognising and strengthening your resilience (Thursday, 4th March) at 3.30 pm
2. Top tips for Anxiety (Thursday 11th March) at 3.30 pm
3. Managing Setbacks (Thursday 18th March) at 3.30 pm
4. Getting A Good night's sleep (Thursday 25th March) at 3.30 pm

If you are interested in participating in these talks, please contact emmet.thompson@derrydiocese.org or contact the parish office.

'How Fit is Your Soul programme' – St Eugene's Cathedral: To get physically fitter, you would go to a coach, receive a training plan and follow it to improve your fitness. The 'How Fit is Your Soul Programme?' is for those who want to become spiritually fit. It will benefit you whether you pray much or little or maybe not at all at the moment. You will receive a plan and weekly guidance via phone or email to implement practical ways to improve your prayer life and become closer to Jesus. Please contact Emmett Mullan at (028) 71262894 or emailing Emmett.mullan@derrydiocese.org for further information.